

Sparring Tournament

Central Minnesota Karate Invitational

Friday Jan 20, 7:00PM



CMK Dojo 2450 8th Ave. S. Sartell ('Just For Kix' Studio)

*Youth and Adult Divisions * 1st, 2nd, & 3rd Places *Competitor Awards

*Ippon score to win *Two minute match * One step sparring for Beginners

*Must have mouthguards and hand pads. * Pre-registration Required

Additional info: Contact Mr. Kiel at 320-255-1171 or centralmnkarate@charter.net

*Cost: \$25.00 Due Jan. 18, (At door registration will not be excepted)

Detach Bottom and send to; *CMK Office, 4302 Plaza Lane, St. Cloud, MN 56303*

=====
Competitor _____ age _____ Rank _____ Phone # _____

Email _____ (Complete if under 16 yrs.) Height _____ Weight _____

Liability Disclaimer:

I understand that my participation (or my Child) at the above named tournament is completely at my own risk. For injuries that I(they) receive or perpetuate, or any actions initiated, completed or received for or against me by relatives, associates or friends in a physical, legal or other capacity, I absolutely release from any responsibility whatsoever Central MN Karate, Clough Properties, and any or all persons connected with the tournament. I hereby authorize the directors of Central MN Karate to act for me in their best judgment in an emergency requiring medical attention, and I agree to bear the expense of such procedure. I also understand that I am required to have health and accident insurance during my (their) participation in the tournament on 1/20/12

Signature (or Parent/Guardian) _____ Date _____

Directions; From Hwy 15 in North St. Cloud, turn West at Hennen's Furniture.(County #120) Go West for one mile.

Dojo is in 'Just for Kix' Dance Studio next to Gold's Gym

NO Spectator Fee