



# KARATE

## CENTRAL MINNESOTA KARATE

Forestview Middle School & Just for Kix Studios - Baxter

### Karate Training for all Levels Youth and Adult Classes

*Authentic Karate at its best!*

*Master Instructor!*

*Monthly Rate-No Contracts!*

Just for Kix: Thursday's  
Sensei Kiel

4:45pm Youth Novice K – 4<sup>th</sup> Grade  
5:25pm Inter. Yellow – Green belt Youth  
6:15pm Adv. Purple – Black Belt  
7:10pm Adult Beginners

Forestview School : Tuesday's  
Sensei Pritschet

5:30pm Jr. Novice 5<sup>th</sup> Grade and older  
6:15pm Jr. Inter. – Adv.

Cost Youth and Jr. Novice \$32/mo Adult, Inter, & Adv. \$35 (Two x weekly \$50)

**Family Discount!** 2<sup>nd</sup> family member receives 1/2 off  
Schedule Begins September 10, 2009

Master Instructor Tim D. Kiel - Central MN Karate of St. Cloud [www.centralmnkarate.com](http://www.centralmnkarate.com)  
Sensei Dave Pritschet – Central MN Karate of Brainerd

Contact and registration: 1-800-474-1171 or 320-255-1171 email: [centralmnkarate@charter.net](mailto:centralmnkarate@charter.net)



Become one of today's *New Kind of Athlete, a Martial Artist!*  
Train with the best, Central Minnesota Karate  
Sensei Kiel was Brainerd's first Professional Black Belt Instructor in 1976.  
Sensei Pritschet has been teaching in Brainerd since 1991

